

CERTIFICATE

OF PARTICIPATION

This is to certify that

Thinamano Nengwekhulu

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 05:07:39

PACE 06:24/km

OVERALL 189 of 421

26 October 2019, Sat

GENDER 170 of

366

50+ 15 of 56

Bout Time

Signature